

Quakerphernalia

The Newsletter of Bucks Quarterly Meeting of the Religious Society of Friends

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Deadline for Quakerphernalia : By the 11th day of the preceding months publication

February 2016

Feb 6 9am BQ Budget and Nominating Meets at Wrightstown Meeting Social Hall

Feb 5-7 PYM Middle School Friends Winter Gathering - Haverford Meetinghouse middleschoolfriends@pym.org

Feb 6 6pm Games Night - Makefield Meetinghouse

Feb 12-14 PYM Young Friends Gathering - Wilmington Meetinghouse

Feb 11 7pm BQ Oversight Committee Meets at the Jane Jackson House (BFS)

Feb 13 6pm Games Night & Pot Luck - Buckingham Meetinghouse

Feb 15 6pm Bucks Food For Friends at Fallsington Meetinghouse

Feb 18 1:30pm Friends Home and Village Board Meets at Friends Village

Feb 20-22 PYM Young Friends Winter Gathering at Wilmington Meetinghouse

Feb 28 12:15pm Speakers Series at Middletown Meetinghouse - Reiki with Iris Stendig-Raskin

Looking Ahead

Mar 19 PYM March Sessions - Arch Street Meetinghouse

March 26 Meeting Caregiver Training Workshop

April 14-17 White Privilege Conference - Philadelphia - whiteprivilegeconference.com

April 30 10-2 BQ Quakerism in a Nutshell - Location TBD

May 15 Quarterly Meeting Hosted by Fallsington Friends

July 29-Aug 2 PYM Annual Session at Muhlenberg College, Allentown PA

Chandler Hall Worship Services will be organized by:

February - Middletown March - Newtown April - Solebury

Quarterly Meeting for Worship, Fellowship, and Business

Buckingham Friends Meetinghouse - 5684 York Rd, Lahaska

Join Friends and Share Your Light ~ February 21

Don't Forget your Donations to Friendly Crafters and Your Money!

Schedule of Events:

9:15-9:45: Registration and Refreshments

9:45-10:45: Meeting for Worship

11:00-Noon: Adult program: Our own John Bailey will share his travels and witness of the work **Friendly Water for the World** is doing in Uganda. We ask that each meeting bring a clear glass jar of water from their meetinghouse, labeled with your meeting's name, to share with our community.

Mission Statement of FWW: Our mission is to expand global access to low-cost clean water technologies and information about health and sanitation through knowledge-sharing, training, community-building, peacemaking, and efforts at sustainability. We empower communities abroad to take care of their own clean water needs, even as we empower people here to make a real difference.

10:45 - 11:00: Stretch Break

9:45-Noon: Children's Program: The children's program though sure to be perfect has not been firmed up yet.

Noon: Lunch provided by our Buckingham Friends (Soups, breads, beverages)

1:00-3:00: Business Session - We will hear from our Friends at Doylestown, Makefield and Quakertown Meetings as well as our Coordinator and Treasurer with the preliminary 2016-17 budget, Outreach and Friends Home and Village. Note: All agenda items for Quarterly Meeting must be to the clerk,

Boris Simkovich, one week prior to Quarterly Meeting. boris@simkovich.com

QUAKERISM IN A NUTSHELL

Informational Workshop on Quakerism

This workshop is for Friends, attenders and seekers to explore the life of Quakerism and being Quaker today.

Come to this exciting workshop led by Melanie Douty Snipes. Join us on **Saturday April 30th, from 10am to 2pm.** The location has YTD. Lunch is provided.

To register and for more information, contact Holly Olson 215-453-7358 or hollybqc@verizon.net

The workshop is free though donations will be greatly appreciated.

Registration is necessary for planning lunch.

**MINUTE PROPOSED TO
BUCKS QUARTERLY MEETING**

The minute below was proposed at Quarterly Meeting at the November business session. The proposal that this minute is in support of was created by the "Citizen's Climate Lobby". Some questions were raised asking how this proposed tax would motivate necessary change and how will the cost of administration be covered. After some discussion, it was reflected by the Clerk that there remained too many questions to get the minute approved in this meeting. Clerk asked that each meeting consider the minute and forward suggestions or concerns to Tom Wells at Fallsington Meeting.

tomw@tgw-construction.com

"Fallsington Friends Meeting, in Business Meeting, on November 1, 2015, asks the United States Congress to consider legislation which would impose a steadily rising fee on the carbon content of all fossil fuels, imposed on the producer at the moment the fuel is extracted from the earth or imported from abroad, and that the moneys collected in fees be distributed in equal shares to every household in our country. We urge Friends throughout our Yearly Meeting to examine this approach for transitioning to a low-carbon economy, and to communicate with members of the House and Senate about the importance of reducing carbon emissions in a way that assists lower-income households and others who are most affected by this transition."

**SPEAKER SERIES
MIDDLETOWN MEETINGHOUSE**

Reiki

Iris Stendig-Raskin

The speaker on February 28th will be Iris Stendig-Raskin. REIKI is a form of energy healing art with its roots in Japanese origin. REIKI utilizes a 'hands-on' technique, which promotes stress reduction, well-being, and healing. It's premise is that the idea of a universal life energy force flows through our bodies. When this energy is high-we are at our best; when low, we are in a dis-eased state and 'not feeling our best'. REIKI helps unblock the blockages in our bodies and helps promote a positive sense of well-being. During a REIKI session, the practitioner, utilizes various hand positions, to help facilitate the flow of energy and promote a sense of well-being

During this workshop, the history and principles of REIKI will be discussed as well as a brief overview of the Chakra system. Hands on demonstrations of REIKI positions will also be given.

Iris Stendig-Raskin has over 20 years experience as a Women's Health Care Nurse Practitioner. She is a USUI/ Karuna REIKI Master and teacher and well as a Theta Healing Practitioner. She has a strong interest in complementary healing and energy medicine.

12:15 welcome and refreshments.

Info: Contact langhorneclerk@gmail.com
These events are free and open to the public.
453 W. Maple Ave, Langhorne, PA 19047

BUCKS QUARTER AND TED TAYLOR PRESENT - MEETING CAREGIVER TRAINING WORKSHOP

SATURDAY March 26th - 8:30am to 4:30pm

Wrightstown Friends Meeting Social Hall

How do people of faith navigate a path through the difficult decisions faced in our complex medical system? Is there a way to use Quaker testimonies and precepts to examine and discern a Spirit-led way through murky bio-ethical dilemmas? And what are the bioethical issues faced by all of us throughout life's journey?

Ted Taylor is a member of Yardley Meeting is a chaplain at RWJ Hamilton Hospital, director of their department of Pastoral Care & Training, and coordinator of the hospital's bioethics committee. He will facilitate a one-day retreat that will shed light on these queries.

In the course of the day participants will experiment with an ethical decision-making process based on the clearness committee model of discernment. Specific bioethical issues will be explored using this process, including the topics of abortion, healthcare provider relationships, mental health, and end-of-life care.

At the end of the retreat, participants will have gained insight into many of the bio-ethical issues faced by people of faith, and will have a new tool with which to discern a way through ethical dilemmas.

Please register with Holly Olson at hollybqc@verizon.net

This free and open to meeting members. Brown bag lunch. Beverages and desserts will be provided.

How Does the Spirit Live with You?

This version of the November Quarterly Meeting minutes contains the edited highlights.

The minutes in full detail will be brought to Quarterly Meeting in May at Buckingham Meeting for consideration.

Unedited version can also be read on the quarter's web site www.quakersbucks.org

Bucks Quarterly Meeting of the Religious Society of Friends.

November 15, 2015

Clerk: Boris Simkovich (Makefield) **Recording Clerk:** David Rose (Lehigh Valley)

Friends Gathered at the appointed hour of 1:00 pm and settled into a period of worship

Roll Call of Meetings: Bristol: 0, Buckingham: 1, Doylestown: 0, Fallsington: 2, Lehigh Valley: 2, Makefield: 2, Middletown: 5, Newtown: 7, Plumstead: 1, Quakertown NJ: 0, Solebury: 0, Southampton: 1, Wrightstown: 2, Yardley: 12

Pervious Minutes of August 23, 2015 approved with corrections.

Stories of Vitality and Strength shared:

Lehigh Valley: Craft Fair with a quilt display containing quilts from 1871.

Wrightstown: In process of redoing the exterior wall using traditional lime render. **Fallsington** has been experiencing growth as a result of their constant outreach programing. They recently hosted a program by Patrick Hall on the effort to end Mass Incarceration.

QM Minutes cont'

Southampton: Provided a program on Quakerism for Swendenbourgian Church that shares the meetinghouse.

Report from the Coordinator given by Holly Olson. Inreach portion contained reports on BFS Lower School Grand Opening, the increasing popularity of "Games Nights" at Makefield and Buckingham. BFFF, connections to Friends at Pennswood, October Clerk's Meeting, Quaker 800's and the speaker series at Middletown.

Work on the arrangements for the New Year's Day skating party is ongoing. Outreach portion contained report on the Peace Fair, a status report on the Bucks Quarter Outreach Committee, sharing our message on Facebook, program on mass incarceration, Quakers being labeled in the press as being against Israel, Synergy Project to help homeless youth, and her experience at Continuing Sessions held at Westtown last weekend.

Minute of Appreciation for H. Paul Kester: The Minute of Appreciation for Paul Kester that was passed at the Oversight Committee meeting on October 8th was read by the Recording Clerk.

Treasurers Report Ed Snyder, Assistant Treasurer, gave the report, highlighted section of uneven income and expenses and asked that we trust him telling us that there are no problems to report at this time. No question asked.

Newtown Monthly Meeting Annual Report given by Rich Richardson. Newtown Meeting celebrated its 200th anniversary in 2015, currently has 314 members. The report provided examples of the work many of the meeting committees are doing and the special care that the meeting has given Anisgual, a teenage girl from Afghanistan.

Outreach Committee member Carol Richardson (Newtown MM) highlighted work that the committee is doing and how the departure of the clerk will impact this work. At the present, there is no person to replace the Clerk. Outreach activities will need to be redefined and focused and for the work to continue, there must be an increased involvement from throughout the Quarter. Boris Simkovich separated the issues, "What are we going to do with Outreach?" and "What are we going to do with the Grange Fair Quaker Tent?" A decision on the Grange Fair will need to be made at the February Quarterly Meeting. Oversight will review responses and bring a suggested course of action to the February Quarterly Meeting. Friends were instructed to make any concerns or suggestions known to their meeting's Oversight representative.

Nominating Clerk Betsy Bayardi reported a name will be presented for February Session for Rising Clerk as Boris Simkovich has agreed to continue for another term.

Plumstead Monthly Meeting Annual Report given by Sarai Nieves, the new Clerk. Meeting membership remains stable. Sarai lifted up some of the annual activities. "Day of the Dead," Thanksgiving brunch and a musical Christmas program. Members are involved in a number of organizations addressing both local and international issues.

Camp Onas Clerk of Board Ken Blackwell gave the annual report. Camp Onas has almost 100% returning staff and many are also former campers. Not all meetings in Bucks Quarter have a representative on the Board. A video about the camp has been posted on YouTube which gives a good representation of the camp. Ken explained how Quakerism is woven into the fabric of the camp.

Minute regarding Climate Change presented by Jonathan Snipes for Tom Wells. The proposal that this minute is in support of was created by the "Citizen's Climate Lobby". Some questions were raised asking how this proposed tax would motivate necessary change and how will the cost of administration be covered. After some discussion, it was reflected by the Clerk that there remained too many questions to get the minute approved in this meeting. Clerk asked that each meeting consider the minute and forward suggestions or concerns to Tom Wells at Fallsington Meeting. Holly will post the minute in Quakerphernalia and the Clerk will place it on the agenda for February's Quarterly Meeting.

After Announcements, and a quote from Dr. MLK, **meeting closed** with a period of worship at 3:15 p.m.

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Moving Into Mindfulness

This popular workshop from PYM Annual Sessions and the FGC Gathering can now be hosted by your meeting! Gather your community and let Amy Ward Brimmer (Fallsington) guide you into mindful awareness. Using simple Qigong sequences, everyday activities, breathing coordination, and guided insight meditation, you will discover how mindfulness helps you stop rushing, reconnect to your amazing body-mind, move forward with a strong center, and deepen your worship, on and off the meetinghouse bench.

The format is adaptable as a weekend workshop, full or half day event, or weekly series

Amy Ward Brimmer, amy@wayopenscenter.com

917-216-5850

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