



# Quakerphernalia

The Newsletter of Bucks Quarterly Meeting of the Religious Society of Friends

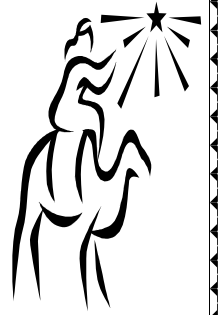
Coordinator: Holly Olson Phone: 215-860-9747 or 215-453-7358

P.O. Box 4477 ~ George School, Newtown, PA 18940

E-mail: hollybqc@verizon.net Fax: 215-453-1450

Website: www.quakersbucks.org

Deadline: By the 13th day of the preceding months publication.



## DECEMBER 2011

Our Monthly Meetings Welcome Everyone to the Christmas Events Listed Below

- Dec 2 7pm Buckingham Meeting Candle Light Worship
- Dec 6 11:30-1:30pm Friends Village Open House - Lunch Included RSVP 215-968-9222
- Dec 8 7:15pm BQ Singing Group at Friends Village
- Dec 9 7pm Carol Sing at Buckingham Meeting
- Dec 10 10:45am 51st Annual Peace Pilgrimage from Nazareth to Bethlehem (PA) ~ *(See Article)*
- Dec 15 1pm Friends Home and Village Board Meets at Friends Home
- Dec 18 11am Harpist Leslie Stickley During Worship at Middletown
- Dec 18 7:30pm Carol Sing at Wrightstown
- Dec 19 6pm Bucks Food For Friends
- Dec 20 7:30pm Southampton Meeting Candlelight Worship
- Dec 24 4:30pm Programmed Meeting for Worship at Lehigh Valley Meeting
- Dec 24 7pm Middletown Meeting Candle Light Worship
- Dec 24 7:00pm Newtown Meeting Candle Light Worship
- Dec 24 7:30pm Plumstead Meeting Light Worship and Caroling
- Dec 24 7pm Yardley Meeting Candle Light Worship
- Dec 31 7pm Middletown Meeting Candle Light Worship

## Looking Ahead

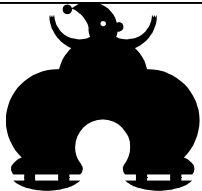
Jan. 1 Noon ~ 2PM New Year's Day Skating Party (See Below)

Jan 22 John Calvi Quaker Initiative to End Torture to Speak at Doylestown Meeting

**Chandler Hall Worship Services will be organized by:**

December ~ Solebury January ~ Wrightstown February ~ Yardley

**Worship 11:00\*\*\*\*Arrive 10:45**



## ANNUAL BUCKS QUARTER SKATING PARTY

NEW YEARS DAY ~ NOON TO 2PM

Don't be left out in the cold or inside with nothing to do, come inside!

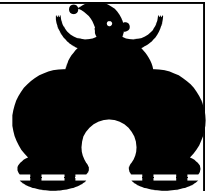
Join Bucks and Abington Quarter Friends and our Friendly school children and parents as we skate, smile and stumble. Come enjoy the decades long tradition of the Annual Skating Party, the fellowship and great fun for the entire family. Since many Friends will be up late welcoming the new year, we will not begin until noon, so you'll have plenty of time to sleep in and still get to the party!

**\$8 Adults, \$5 Children 14 and under**

**Includes Skate Rentals**

**Bucks County Ice Sports Center  
1185 York Road, Warminster, PA 18974  
Telephone 215-674-3744**

**Call or email Holly Olson for more info:  
215-860-9747 ~ hollybqc@verizon.net**



## SKATING PARTY GIFT CERTIFICATES

**Want to treat that special someone to skating?**

**Detach this portion and mail it along with your check to:**

**Holly Olson**

**P.O. Box 4477 George School**

**Newtown, PA 18940**

**Name (s) \_\_\_\_\_**

**Adults \_\_\_\_\_ Children \_\_\_\_\_ Total amount enclosed \_\_\_\_\_**

## HARPIST TO PLAY AT MIDDLETOWN

As has been the tradition for decades, Middletown Meeting will have harp music during worship on the Sunday preceding Christmas (19th).

Joanna Mell, the harpist for many of those years has moved to California. Middletown Friends invite you to worship and experience the music played by their new harpist, Leslie Stickley on **Sunday December 18th at 11:00AM.**

## 52nd ANNUAL NAZARETH TO BETHLEHEM PEACE PILGRIMAGE

**SATURDAY, DECEMBER 10th**

**Walk the Road of Peace** For 52 years, people have been gathering to walk from Nazareth to Bethlehem. This pilgrimage, symbolic of the journey of Mary and Joseph, provides those who walk, those who pass by on the highway and those who just read about it in the Sunday paper, with an opportunity to think about what Christmas really means. If you are concerned about your ability to complete the walk, there are frequent rest stops and relief transportation.

**More than a Walk** If you cannot walk a portion of the pilgrimage, consider participating in the related events; Traditional hymn singing Christmas Carols at the Central Moravian Church steps, simple supper and guest speaker at the Christ United Church of Christ at Market & Center Streets.

This year's speaker will be, Rev. Kelly Denton-Borhaug, Ph.D. Associated Professor and Chair of Religious Studies at Moravian College. She is the author of the newly released U.S. War-culture, Sacrifice and Salvation, London, Great Britain: Equinox, Sept. 2011. Kelly's presentation will be titled, "**DE-ESCALATING U.S. WAR-CULTURE: A PRIMER FOR PEACE ACTIVISTS.**" **10:45** Buses begin leaving 520 E. Broad Street (Bechtel Building, Bethlehem for Nazareth.). **12:00P** Pilgrimage begins at Moravian Church, Nazareth. **1:30** Rest stop, Trinity Lutheran Church, on Rt. #191 just north of Steuben Rd. **2:45** Rest stop, First Baptist Church, on Rt. #191 between Oakland Rd. and Johnson Drive. **3:45** Light candles, College Hill Moravian, 72W. Laurel St (rear) Bethlehem **4:45** Singing Christmas Carols at the Central Moravian Church steps. **5:30** Supper and rally, Christ United Church of Christ, Market & Center Streets.

**Register** at [www.Peacewalk.org/Registration](http://www.Peacewalk.org/Registration) and include the names of all people coming with you. You are welcome to come even if you have not preregistered. You may join at any point along the way, **times listed above are approximate.** Dress appropriately for the weather; the walk takes place in sun, wind, rain or snow. For more information: [www.peacewalk.org](http://www.peacewalk.org).

### BUCKS QUARTER

#### MIDWEEK WORSHIP SCHEDULE

Tuesdays at Southampton 7:30 PM

Wednesdays at Lehigh Valley 5:00 PM

Wednesdays at Makefield 7:00 AM

Wednesdays at Middletown 7:00 PM

Wednesday at Plumstead 8:30 AM

## REMINDER

**Please remember the less fortunate this holiday season and help out in any way that you are able.**

- ◆ Homeless shelters
- ◆ Blood drives
- ◆ Food Pantries
- ◆ Coat Drives
- Orphanages
- Meal Programs
- Blanket Drives
- Animal Shelters

## Nineteenth Century

### Quaker Benediction Traditionally

#### Spoken at Christmas

When the song of the angel is stilled,  
When the star in the sky is gone,  
When the Kings and Princes are home,  
When the shepherds are back with their  
flocks,  
The real work of Christmas begins.  
To find the lost  
To heal the broken  
To feed the hungry  
To release the prisoners  
To rebuild the nations  
To bring peace among brothers  
To make music in the heart.

### BUCKS FOOD FOR FRIENDS GIVES THANKS

As Bucks Food For Friends closes the 2011 year, they give thanks to the following people and organizations for their contributions as of the printing of this publication:

Anonymous

11th Hour Bakers Resident Group - Chandler Hall

Timothy Dwyer

Fallsington Friends Meeting

Giant Foods at Summit Square, Newtown PA

Jenny and Irv Hollingshead

Makefield Friends Meeting

Middletown Friends Meeting

Ethel Quiring

Deborah Robinson & Steven Williamson

Soup to Nuts Caterers,

Washington Crossing PA

Frank and Mary Vengrofski

Wrightstown Meeting

Zook's B.B.Q. Barn at

The Newtown Farmer's Market

Additional donations were given through pledges to the Walk Against Hunger. Phila Coalition Against Hunger

**If you would like to make a tax deductible financial contribution to Bucks Food For Friends, you may do so, by sending your check to:**

**Rich Richardson**

**1 Atkinson Lane**

**Newtown, PA 18940**

**Your donation is deeply appreciated by all those involved.**

### BUCKINGHAM MEETING FILM SERIES

**Wednesday, December 14, 7:30PM**

**"Inside Job"**

This film documents the late - 2000s financial crisis. The film explores how changes in the policy environment and banking practices helped create the financial crisis. Winner of the Cannes Film Festival Best Documentary award in 2010. 108 minutes.

Free Admission

Refreshments and Discussion After Each Film

Buckingham Friends Meeting House

5864 York Road, Lahaska For more information, go to

[www.buckinghamfriendsmeeting.org](http://www.buckinghamfriendsmeeting.org)

or call 215-794-5816



## FROM YOUR COORDINATOR

### Thank you.

Thank you dear Friends of Bucks Quarter who have touched my soul this year. You have done it directly by supporting me in my work and indirectly by supporting each other.

Many quarters do not have this sense of belonging to one another. We feel it and know it. This is a gift we can cherish this season and throughout the year.

Merry Christmas and a blessed New Year to all.  
Love, Holly

## CALLING QUAKER SINGLES ...FINAL CALL...

**To date there are six women (and no men...c'mon guys :) ! If you know any single men, encourage them to let Holly know.** There is growing interest in restarting the former Bucks Quarter singles group. If this is of interest to you, contact Holly Olson as she is compiling a list of interested Friends. This is open to members and attenders of Bucks Quarter.

hollybqc@verizon.net or 215-860-9747 or  
215-453-7358

## OPEN HOUSE AT FRIENDS VILLAGE

Friends Village invites you to an Open House on Tuesday December 6th, 11:30 to 1:30. Lunch will be included in the Open House.

Personal tours are welcome, please call to schedule  
Please RSVP 215-968-9222

Friends Home and Village Two Site ~ One Philosophy  
Entrance Fees waived December 2011

## PHILADELPHIA YEARLY MEETING MIDDLE SCHOOL FRIENDS HOLYDAY GATHERING Friday, Dec. 2<sup>nd</sup> - Sunday, Dec. 4<sup>th</sup> 2011 Birmingham Friends Meeting

Join the Middle School Friends community for an exploration of what the holidays or "holydays" (as they were once known) mean to Friends, what we are thankful for in our lives, what we celebrate about ourselves and our communities, and how we take time out to recharge and prepare for the long winter.

There will be workshops about consumerism, gifts, and making everyday a "holyday". An optional homemade gift-exchange will occur, as well as a talent show!

**Registration information:** The cost of the gathering will be \$70.00. Scholarship money is always available, so please don't stay away for lack of money! **Preregister and prepay by Wednesday, Nov. 30<sup>th</sup>.** Registration is limited to 35. If you want to attend, send your registration form in today! If you come, plan on staying for the entire program. (Part-time registrants will be placed on the waiting list). If you need to cancel your registration, please call as soon as possible so someone else can come.

**ARRIVE after supper** between 6 and 7:30PM on Friday, Dec. 2nd at Birmingham Meetinghouse. **DEPART at 12:00 noon** on Sunday, Dec. 4th. Friends are invited to join us for Worship at 10:00AM. Contact Stephen Dotson: 215-241-7171 or stephend@pym.org

**Save the date for the following MSF gatherings:**

**Jan 20-22** at Burlington conference center

**March 16-18** at Medford Leas retirement community

**May 6-8** at Camp Swatara with Caln Quarter

## YOGA CLASSES AT NEWTOWN MEETING

Weekly yoga classes are offered at Newtown Meeting House on **Saturdays at 8:30 am**. The instructor, Jim Whitmoyer, has over 10 years experience as a Hatha Yoga teacher, and imbues each class with a theme which evokes a positive attitude for the practice and our lives in general. Classes are open to all; no prior experience is necessary. There is no charge, although small a donation to the Meeting House is humbly requested.

For more information, contact Jim at 215-968-0927, or jim.whitmoyer@verizon.net

## MINDFULNESS IN TEACHING AND LEARNING

### CORE skills and Habits of Mind with Irene McHenry

A course for K-12 teachers and administrators in Friends, public and independent schools will be held at George School on **Tuesday evenings February 7 through March 13, 6:30 – 8:30pm**. Course Fee: \$185

Strengthen the foundation for teaching and learning through disciplined practice and experimental inquiry, participants in this six-week course will explore a variety of contemplative methods that can be implemented with any curriculum to support the development of self-awareness, empathy, emotional intelligence, social skills and stress reduction. Participants will strengthen the core skills underlying all learning: concentration, observation, and open, receptive awareness with a positive, curious attitude.

Irene McHenry, Ph.D., is a licensed psychologist, school consultant, author/editor of numerous publications including the 2009 Tuning In: Mindfulness in Teaching and Learning. She teaches mindfulness for school faculty, staff, trustees and administrators. Irene is the executive director of the Friends Council on Education, board president for the Council for American Private Education, and a trustee for Haverford College.

Friends Council on Education  
info@friendscouncil.org

### Registration is Open!

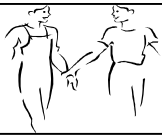
The Friends Council on Education is an approved  
Act 48 Provider (PA).  
www.friendscouncil.org

## COALITION TO SHELTER AND SUPPORT THE HOMELESS ("CSSH") NEEDS YOUR SUPPORT

Central Bucks County currently lacks overnight shelters for adults without resources. The most critical need is for shelter on "Code Blue" nights, when the wind chill factor is below 20° F. CSSH is an alliance faith-based and community service organization working to establish a "Code Blue" program in Central Bucks County, to provide shelter for our homeless neighbors on Code Blue nights beginning in January. **Buckingham Friends Meeting** approved involvement in CSSH at their June Meeting for Business, and is among more than 10 faith-based and community service organizations already committed to CSSH. The **Buckingham Social Concerns Working Group**, is involved with the efforts of CSSH. In order to operate effectively, a group of approximately 250 volunteers, as 15 volunteers per night are required to open and run the overnight shelters for the winter of 2012 (i.e. January through March). CSSH will provide mandatory training sessions locally during the months of November and December.

For more information on CSSH, how to get involved, and upcoming volunteer training sessions, visit

[www.co2ssh.org](http://www.co2ssh.org)



## Friendly Services Offered and Friendly Services Needed



### **Times Publishing Newspapers, Inc. is Simply Real News**

Eight monthly newspapers, mailed monthly to over 104,000 households in Bucks County. Visit our new website: [www.timespub.com](http://www.timespub.com) (updated daily with "all the 'good news' that's fit to print"). 60% local neighborhood news, 40% advertising. Call the Publisher, **Donna Allen at 215-702-3405** or email me [atdallen@timespub.com](mailto:atdallen@timespub.com). Our papers are: Yardley Voice, Newtown Gazette, Langhorne Ledger, Morrisville Times, Lower Southampton Spirit, Northampton Herald, Doylestown Observer, and New Hope News.

### **Touching Hearts at Home**

Friendly In-Home Senior Care for Independent Living  
Our skilled home health aides provide companionship, errands, light housekeeping, assistance with bathing and dressing, meal planning, and cooking.  
Alice Agnew and Linda Cooper of Richland Friends Meeting are committed to setting standards for service excellence through training, supervision and communication with the care team and with our clients' families. We are licensed as a Home Care Registry by the State of Pennsylvania. All employees are bonded and insured. Serving all of Upper Bucks County

**Call or click for a free in-home evaluation  
267-429-0438**

[www.touchinghearts.com/perkasie](http://www.touchinghearts.com/perkasie)

**FAQs:**

[www.touchinghearts.com/perkasie/faq.asp](http://www.touchinghearts.com/perkasie/faq.asp)

### **MyOwnCare**

#### **Empowering Health and Well-Being**

Betsy Bayardi of Wrightstown Meeting and Carolyn Eckel of Southampton Meeting offer services from MyOwnCare for individuals with chronic diseases. If your loved one lives with diabetes, high blood pressure, or heart failure for example, we provide in-home vital sign monitoring, education and health coaching to enable them to gain greater control of their health and experience an increased sense of well-being. This is not only empowering for the individual but also allows them to live at home longer which provides peace of mind to family and caregivers.

**Call or email: 215-598-7580**

[ebayardi@myowncare.com](mailto:ebayardi@myowncare.com)

[www.myowncare.com](http://www.myowncare.com)



### **For Your Long Term Care Insurance Needs**

**Mark Fulton**

340 East Maple Ave. Langhorne, PA 19047  
office: 215-750-3700 Mobile 267-278-6770

Long Term Care Insurance Offered Through  
Genworth Life Insurance Company

### **Soup to Nuts Caterers**

**Call us for the holidays, weddings and all your catering needs. Elegant Simplicity.**

Linda Jacobs, member of Yardley Meeting offers, catering for all occasions. Soup to Nuts realizes the importance of value and endeavors to make your event work best for you. "Soup to Nuts" is well connected to local farms. Vegan or Vegetarian options welcome.

**Tel: 215-321-7980**

**Email: [STNCaterers@aol.com](mailto:STNCaterers@aol.com) ,**

**Web site: [www.souptonutscaterers.com](http://www.souptonutscaterers.com)**

### **Carol Richardson, Associate Broker with Coldwell Banker Hearthside Realtors**

A member of Newtown Meeting, Carol hears your wishes and needs clearly and is very resourceful. Carol enjoys finding the perfect match of home to home owner.

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114 S. State Street Newtown

13 locations serving Bucks County.

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**Email: [c.richardson@cbhearthside.com](mailto:c.richardson@cbhearthside.com)**

"Caring for all your real estate needs."

### **MRP Plans, Inc.**

#### **Retirement Plan Services**

**Ed Snyder**, a member of Yardley Meeting, is a Certified Pension Consultant/Qualified Pension Administrator and offers retirement plan services to small businesses - plan design and installation, and annual third party administration. If you're thinking about a 401(k) or similar retirement plan for your small business or have a plan but don't understand it, Ed is the one to call.

**Tel: 609-689-9400**

**Email: [mrp.ed@verizon.net](mailto:mrp.ed@verizon.net)**

### **Superior Benefit Plans**

#### **Employee Benefits Insurance Broker**

**Marybeth Snyder** is a Wharton School Certified Employee Benefits Specialist with 30 year's experience and Member of Solebury Meeting. Individuals, small and large employers rely on Superior to afford and manage benefits plans including health insurance. Offices in Lahaska and Malvern, Pa.

**TOLL Free: 888 656 1339**

**Email: [msnyder@superiorbenefitplans.com](mailto:msnyder@superiorbenefitplans.com)**

Marybeth Snyder, CEBS, CLU Superior Benefit  
Plans, LLC

**Tel: 610 722 9900/215 693 6303 Fax: 610 725 9209**

### **Tinsman Bros., Inc.**

#### **Lumberyard & Building Supplies**

Birthright Quakers and 5<sup>th</sup> generation owners, William E. and Thomas F. Tinsman, invite you in for a visit to the oldest lumberyard in the country, located in Lumberville, PA. Established in 1785, we pride ourselves on the quality lumber and services we offer. Our hardware store has many hard to find treasures. Store hours: Monday thru Friday 7:30 thru 5:00, and Saturday 7:30 - 12:00.

**TEL: 215-297-5100**

### **Way Opens Center**

Amy Ward Brimmer, member of Fallsington Meeting, invites you to discover the positive power of the Alexander Technique, a proven method of learning to move mindfully. You can change the unconscious habits that interfere with your natural ability to live life with ease and enjoyment. Free yourself from chronic pain, improve balance and coordination, heal trauma, wake up to yourself. Way Opens Center also offers Somatic Release sessions and mindful birth & parenting classes.

**22 S. State St., Newtown**

**917-216-5850 / [awbrimmer@gmail.com](mailto:awbrimmer@gmail.com)**

**[www.wayopenscenter.com](http://www.wayopenscenter.com)**

### **Thomas G Wells Construction, LLC**

#### **Energy Audits and Home Remodeling**

#### **Serving Solebury/Doylestown to Bristol**

EnergyWorks is a new program which provides low interest rate loans for energy efficiency upgrades and rebates for energy audits. Energy Efficiency loans are available from EnergyWorks/Keystone Help. These loans are .99%. Monthly payments range between \$8.76 to \$193 per month. The audit is \$100.00. If you are concerned about rising energy costs, we can help.

**Call Tom Wells at 215-321-4818**

**Web site: [www.tgw-construction.com](http://www.tgw-construction.com)**