

Quakerphernalia

The Newsletter of Bucks Quarterly Meeting of the Religious Society of Friends

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Deadline for Quakerphernalia : By the 13th day of the preceding months publication.

NOVEMBER 2010

Sunday mornings 9am - Yoga with Lucy Dubas at Buckingham Friends School (Details on page 2)

Nov 5 (10a-9p) & 6 (10a-8p) Wrightstown Friends Nursery School Benefit Days at Newtown Bookshop

Nov 6 9am BQ Budget and Nominating Meets at Wrightstown

Nov 9 7pm BQ Outreach Committee Meets at Pennswood Village

Nov 10 7:30pm Buckingham Meeting Film Series Presents, **Money Driven Medicine**

Nov 11 7pm BQ Oversight Committee Meets at Buckingham Meetinghouse

Nov 11 7:30-9pm John Woolman at Fallsington Meetinghouse

Nov 12 6:30-9:30pm Chandler Hall - Culinary Classics

Nov 14 6pm Camp Onas Board Meets at Wrightstown Meeting Social Hall

Nov 15 6pm Bucks Food For Friends at Fallsington Meetinghouse

Nov 16 1-3pm Creative Hands Meets at Wrightstown Meeting (all are welcome) - Pauline 215-860-5554

Nov 18 1:30pm Friends Home and Village Board Meets at Friends Village

Nov 19 6pm BQ Worship and Ministry Meets at Quakertown Meetinghouse

Nov 20 10am-Noon BQ Pastoral Care Meeting at Wrightstown Meeting Social Hall

Nov 20 9am-3pm Quarterly Meeting at Middletown Meetinghouse

Nov 25 9:30am Thanksgiving Worship at Plumstead Meeting and Simple Brunch ~ All are Welcome

Nov 26 6pm Movie Night for Kids at Newtown Meetinghouse

Looking Ahead

Dec 3-5 Couples Enrichment Workshop

Jan 1 Noon-2 Annual Bucks Quarter Skating Party !!!!!!!!!!!!!!!!!!!!!

Chandler Hall Worship Services will be organized by:

November ~ Fallsington December ~ Makefield January ~ Middletown

Worship 11:00**Arrive 10:45**

FRIDAY NOVEMBER 19, 6:00 PM

QUARTERLY WORSHIP AND MINISTRY PROGRAM HOSTED BY QUAKERTOWN MEETING

ALL ARE WELCOME TO ATTEND

6pm: Pot Luck dinner

7pm: The program will be a discussion about how to better incorporate or weave Young Friends into the life of the meeting. This is certainly a topic that speaks to the condition of every meeting and its members. Quakertown Friends hope to see many other Bucks Quarter Friends for this important discussion and sharing of a meal.

DIRECTIONS TO QUAKERTOWN ARE ON THE QUARTER'S WEBSITE

LISTED ABOVE IN THE MASTHEAD

GO TO FIND A MEETING AND CLICK ON QUAKERTOWN

SUNDAY NOVEMBER 21 ~ QUARTERLY MEETING FOR WORSHIP, FELLOWSHIP & BUSINESS

MIDDLETOWN MEETING 9:00AM- 3:00PM

JOIN FRIENDS AND SHARE YOUR LIGHT !

BRING A DONATION FOR THE FOOD PANTRY

IN THE FORM OF A NONPERISHABLE ITEM OR A FINANCIAL CONTRIBUTION

9:15-9:45: Registration morning refreshments

9:45-10:45: Adult FDS program: One Quaker's Witness to his Spiritual Journey: "My Journey with Thomas Kelly: Seeking the Light Within" with Peter Lang. Peter is a member of Chatham-Summit Meeting. 42 years ago Peter was given a copy of Thomas Kelly's, "A Testament of Devotion." It is from this event that Peter marks the beginning of his spiritual journey. Since retiring from The Seeing Eye School in Morristown, NJ, where he worked for more than 40 years as an Instructor and Training Manager, Peter has begun to reflect on and write about his journey. A copy of A Testament of Devotion may be purchased through the FGC Bookstore 215-561-1700 or www.fgcquaker.org

9:45 to 10:45: Children's FDS program: The children will make apple desserts to share at lunch as well as a fabulous program yet to be settled on, but a flier will be sent with the greater details.

10:45-11:00 - Stretch break

11:00-Noon: Worship - Children join in worship for the first 15 minutes

Noon to 1:00: Stone Soup Lunch with cheeses and breads and delicious desserts!!

1:00-3:00: Business Meeting

Note: All Agenda Items for Quarterly Meeting Must be to the Chris Lucca One Week Prior to QM 215-208-1821

PATORAL CARE COMMITTEE GATHERING

Members of meeting care committees will gather on **November 20th from 10am to noon** in the social hall at Wrightstown Meeting. The focus will be on physical health and how we care for one another. If care of members speaks to your condition, please attend. The group will be joined by George Schaefer and Tricia Coscia who are our Care and Aging staff people in Philadelphia Yearly Meeting.

LIVES PASSING

Yardley Friends suffer the loss of **Gene Bertozzi**.

YOGA AT BUCKINGHAM MEETING

In exchange for any donation of money or canned goods to New Britain Food Larder, you can enjoy an hour of gentle yoga guided by Lucy on **Sunday mornings at 9 a.m.** Bring either a sticky mat or large towel and wear comfortable clothing. Buckingham Friends School, Route 202 & 263, Lahaska, PA.

Classes start October 24.

Drop in or let me know you're coming at 215.262.4633 or LMDUBAS@gmail.com. www.yogabylucy.com Explore the wisdom, beauty and health benefits of yoga.

THANKSGIVING MEETING FOR WORSHIP AT PLUMSTEAD MEETING

Plumstead Friends invite you to Worship on **Thanksgiving morning at 9:30am**. Friends are also invited to bring food or beverage to share for pot luck brunch at the rise of Meeting.

Plumstead is our "greenest" of Meetinghouses (no electricity or fossil fuel dependency form of heat), but a great wood stove they do have! As the Meetinghouse grows warmer, so does the Spirit within. Come enjoy this very special time.

"If you're too busy for God, then you're busier than God ever intended you to be."

YOU'RE INVITED !!!

MOVIE NIGHT NEWTOWN MEETING (for 5th graders and up)

November 26 - 6:00-8:30pm the movie will be "Mr. Bean's Holiday". Admission is free; bring \$5 for pizza and drinks. Friends of Friends are welcome. RSVP to Melanie Parry 267-987-0538. Parent/grandparent volunteers are always welcome, necessary, and appreciated.

8TH ANNUAL CULINARY CLASSICS CHANDLER HALL

Enjoy a lovely evening of gourmet food, beverages, music, flowers and a silent auction on November 12, from 6:30 – 9:30 p.m in the Wright Meeting Hall at Chandler Hall. All proceeds benefit Chandler Hall Hospice. Since 1982, the hospice program has been helping people live well until they die, regardless of ability to pay. Tickets are \$75 each.

For tickets or more info, contact Heather Karschner at 215-860-4000 ext. 1502 or email hkarschner@chandlerhall.org www.chandlerhall.org

JOHN WOOLMAN AT FALLSINGTON MEETINGHOUSE

On **November 11, 7:30 – 9: p.m.** there will be an informative lecture: Meet John Woolman. An 18th century Quaker from Mount Holly, West Jersey who became a recorded minister traveling throughout the American colonies and eventually to England. Free; call to reserve 215-295-6567.

BUCKINGHAM MEETING FILM SERIES PRESENTS

Wednesday, November 10, 7:30PM

Money Driven Medicine

This film offers the only systemic look on film at the economics underlying and undermining our \$2.6 trillion healthcare system. It interweaves the stories of patients and doctors ensnared in the system with insights by health care thought-leaders. The film goes beyond health insurance reform as it lays out the looming policy challenges for the next decade to provide effective, high quality, patient-centered care while containing costs and reducing wasteful, even risky procedures. 86 min.

Free Admission

Refreshments and Discussion After Each Film

Buckingham Friends Meeting House
5864 York Road, Lahaska For more information, go to www.buckinghamfriendsmeeting.org or call 215-794-5816

COUPLE ENRICHMENT WEEKEND:

December 3-5

A couple's relationship doesn't remain static. Couples find themselves facing new challenges and changing circumstances throughout their lives. Without attention, the relationship can lose its spark even though your commitment to each other is solid.

Couple Enrichment can help you and your partner improve your communication skills, celebrate the strengths and joys of your relationship and learn how to use conflict creatively.

Couple Enrichment is not therapy, not marriage counseling and not an encounter group. It is designed for couples with a strong commitment to each other that want to enhance their relationships. All committed couples are welcome without regard to marital status or sexual orientation.

Stu Bush and Mel Scott, members at Doylestown Friends Meeting, will be leading a Couples Enrichment Workshop December 3-5 at DFM (Friday Evening, Saturday and Sunday morning.) If you are interested in finding out more, or to register, please contact Stu or Mel (215-345-5309, stuartgbush@comcast.net, bluespruce7@comcast.net). The cost will be \$75/couple. If money is an issue, please talk to Stu and Mel to explore potential scholarships – don't let cost get in your way of enriching your most important relationship!

More info on Couples Enrichment is available on the Friend General Conference-Couples Enrichment website: <http://www.fgcquaker.org/couple-enrichment>.

Comments from past participants:

"A lovely, relaxing and creative weekend"

"The process works!"

"A wonderful, enlightening and enriching weekend!"

"We fell in love all over again – thank you for creating the space for that to happen."

Check out Amy Brimmer's new add in the Friendly Services section on the next page. Also, Soup to Nuts Caterers has holiday meal planning ideas to help you.

SHARE YOUR STORY AT QUARTERLY MTG.

There is a newly created space on the QM business agenda for Meetings to share a quick story about an inreach or outreach event that caused you to feel the vitality and/or growth that is in your meeting.

**WRIGHTSTOWN FRIENDS NURSERY SCHOOL
BENEFIT DAYS AT NEWTOWN BOOKSHOP**

Plan to shop at **Newtown Bookshop** on **Nov. 5th & 6th**. Mention "Wrightstown Friends Nursery School" and WFNS will receive 20% of your total purchase! Proceeds from both days will help to expand the school library. For more info, contact Janie Scurti 215-630-9468. The Bookshop is located at 2829 South Eagle Road Village at Newtown East Newtown, PA (215) 968-2400

FRIENDS COUNSELING SERVICE

The Friends Counseling Service is delighted to welcome Dale P. Myrtetus, LCSW as a new provider for the Counseling service. Dale is an individual and family psychotherapist who has been in practice for 30+ years. She has also directed various programs at the Baltimore County Bureau of Mental Health and in Delaware County, PA. Life experiences, the sweet and the bitter, have contributed to Dale's therapeutic outlook which is focused on taking a respectful, growth enhancing, common sense approach to life's issues and families' challenges. She is a member of the Middletown Monthly Meeting in the Bucks Quarter.

The Friends Counseling Service is a ministry of the Philadelphia Yearly Meeting. It is comprised of 14 active members of the Yearly Meeting who are also licensed mental health professionals. The service is available to any member or attender or sojourning member of the Philadelphia Yearly Meeting

The service is in need of licensed mental health professionals in New Jersey who might be interested in serving on the Friends Counseling Service. For more information about the service or to locate a counselor please call Deborah Cooper at 215-248-0489 or go to the PYM web site.

These are draft minutes pending approval at Quarterly Meeting in November

**BUCKS QUARTERLY MEETING
MINUTES OF QUARTERLY MEETING**

First Day, Eight Month 29, 2010
Held at Lehigh Valley Monthly Meeting

Clerk: Christopher Lucca

Recording Clerk: David Rose

Meeting began with a period of worship at 1:10 PM which was preceded by group singing led by members of the BQ Singing Group.

Roll Call of Meetings Bristol 1, Buckingham 0, Doylestown1, Fallsington: 2, Lehigh Valley 8, Makefield 3, Middletown 1, Newtown 3, Plumstead 0, Quakertown 2, Solebury 0, Southampton 4, Wrightstown 1, Yardley 4, Guests were Theresa Miller (Lewisburg Meeting), and Beth Perry (Radnor Meeting).

The Clerk provided the opportunity for **responses to the morning presentation** by Arthur Larrabee as there was no time after the presentation for discussion. The suggestion was made that Monthly Meetings briefly share their examples of vitality and growth at each Quarterly Meeting and that those scheduled for reports give an "executive summary".

Agenda Approved.

Minutes accepted with corrections offer to spelling and wording.

Report of the Coordinator: Report given by Holly Olson (Middletown): Complete report is available. Holly reported on her Inreach and Intervisitation activities. For Outreach she reported that the revised website is up and running and that if individual Meetings want their page updated, that she can do it if there is no one in the Meeting to take on that responsibility. The report also indicated the difficulty experienced in getting volunteers for the Middletown Grange Fair Quaker Tent. Report accepted. A Friend commented about other Quarter activities that have in the past been laid down due to lack of volunteers.

Annual Report Southampton MM given by Carolyn Eckel (clerk, SMM). Complete written report is available. Carolyn highlighted the process through which the meeting decided to meet only on the fourth Sunday of the month. While they were able to host a number of events this past year, their plans for the coming year are uncertain.

Heeding God's Call: Therese Miller gave the report. This ecumenical movement to stop gun violence has spread to other places and has received national recognition. She asked to be invited to meetings to give a presentation the work being done to stop gun violence and provided an update and overview of the issue. Friends were asked to imagine living in a world without guns as accessible as they are in our society. A number of the responses spoke of feeling less safe because there are so many guns out there. Therese Miller said that she is on a mission to get Quaker Meetings to becoming involved as a partner faith community and then get groups to form a "hub of action". On October 17th there will be a major event at Friends Center in Philadelphia and nearby public space to keep awareness alive.

Annual Report Wrightstown MM: Report is not available due to technical difficulties but the verbal report given by Betsy Bayardi, Assistant Clerk, highlighted the developments over the past year. The meeting has experienced the loss of senior members. Six young Friends are leaving for College. Many young friends attend Quaker Schools and do not see the need to be part of the meeting community. This issue was resolved by asking the Young Friends what they wanted and finding out that they wanted to do service projects. Creativity is bubbling up to address the reduction in giving due to the financial crisis with many forms of cooperation.

Treasurer's Report given by Tim Dwyer (Bristol MM). Everything is running smoothly. Complete report available. No concerns noted. It was requested that the chart which indicated the schedule of Meeting donations be provided by the Treasurer to Meetings so that they would know the time of their expected payment.

Annual Report Yardley Monthly Meeting. Report presented by Ed Snyder (clerk YMM). Complete report available. Ed's verbal summary report explained the reason why the Lake Afton Dam has become a concern to the meeting and the steps that the meeting has taken to come together and find a way to speak for the entire community regarding this issue.

Bucks Food for Friends: Report given by Marna Matthews (Yardley MM). "The dinners at Fallsington Friends Meeting continue to be well attended and well staffed." The word is getting around which has increased donations as well as the number of those coming for dinner.

Middletown Monthly Meeting Annual Report was not read due to there not being a representative from the Meeting. Complete report available.

Meeting closed as we settled into worship at 3:05 p.m.



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Friendly Services Needed



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Linda Jacobs, member of Yardley Meeting offers, Catering for all occasions. "Soup to Nuts" is connecting to local farms to make available Thanksgiving and other holiday dinners with regional organic free range turkey, chicken, duck, geese, and produce. Soup to Nuts also has some new and simple innovative holiday ideas! Call for this and all other catering needs.

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Tel: 609-689-9400

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Marybeth Snyder is a Wharton School Certified Employee Benefits Specialist with 30 year's experience and Member of Solebury Meeting. Individuals, small and large employers rely on Superior to afford and manage benefits plans including health insurance. Offices in Lahaska and Malvern, Pa.

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Marybeth Snyder, CEBS, CLU

Superior Benefit Plans, LLC

Tel: 610 722 9900/215 693 6303

Fax: 610 725 9209 (Fax)

Way Opens Center

Amy Ward Brimmer, member of Fallsington Meeting, invites you to discover the positive power of the Alexander Technique, a proven method of learning to move mindfully. You can change the unconscious habits that interfere with your natural ability to live life with ease and enjoyment. Free yourself from chronic pain, improve balance and coordination, heal trauma, wake up to yourself. Way Opens Center also offers Somatic Release sessions and mindful birth & parenting classes.

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www.wayopenscenter.com

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QUESTIONS??

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