

# Quakerphernalia

The Newsletter of Bucks Quarterly Meeting of the Religious Society of Friends

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Website: www.quakersbucks.org

Deadline for Quakerphernalia : By the 11th day of the preceding months publication

## OCTOBER 2012

- Oct 2 10am-Noon Open House Buckingham Friends School  
Oct 2 11:30am-1:30pm Open House ad Luncheon Friends Village RSVP 215-968-9222  
Oct 5 5:30-9pm Mercer Street Friends Center 25th Anniversary  
Oct 6 6pm Buckingham Film Series Kicks Off with **"The Koch Brothers Exposed"**  
Oct 11 7pm BQ Oversight Committee Meets at Buckingham Meetinghouse  
Oct 13 9am 5K Trail Run at Buckingham Friends School  
Oct 13 10am to 3pm Annual Craft Fair at Lehigh Valley Meetinghouse  
Oct 14 6pm Camp Onas Board Meets at Wrightstown Meeting Social Hall  
Oct 15 6pm Bucks Food For Friends at Fallsington Meetinghouse  
Oct 17 2-5pm Open House Friends Home 215-968-346  
Oct 20 9am-10:30 Open House - The Quaker School at Horsham  
11:00 Dr. Richard Hess will speak about Executive Functioning at TQS  
Oct 21 The Peace Center 15th Annual Benefit Auction at the James Michener Museum 215-750-7220  
Oct 25 7:30pm BQ Singing Group Meets at Makefield Meetinghouse

## LOOKING AHEAD

**Nov 3 9am-3pm Spirituality and the Final Third of Life: A Friends Approach The Final Third**  
(See page two)

- Nov 18 Quarterly Meeting at Yardley**  
Nov 22 9:30am Thanksgiving Worship at Plumstead Meeting

## Chandler Hall Worship Services will be organized

October ~ Wrightstown November ~ Yardley December ~ Buckingham  
**Worship 11:00\*\*\*Arrive 10:45**

### LIVES PASSING

Wrightstown Friends suffer the loss of **Gordon Chambers** who passed away on August 20th.

### THE KOCH BROTHERS EXPOSED

On **Friday October 6th**, the Buckingham Friends Meeting Social Concerns Committee kicks off their film series with "The Koch Brothers Exposed". This is a hard-hitting and revealing investigation of the 1% in America at its very worst. Koch Brothers Exposed is the latest film from Acclaimed Director Robert Greenwald (Wal-Mart: The High Cost of Low Price, Outfoxed, Iraq For Sale). From environmental pollution to their efforts to dismantle social security for working Americans, the Koch Brothers have launched a large network, attacking our American values.

The evening will begin with a **pot luck meal at 6pm** with **film at 7pm. You are invited!!**

5684 Old York Road Lahaska, PA 18931  
(next to Peddler's Village)

### MIDWEEK WORSHIP SCHEDULE

Tuesdays at Southampton 7:30 PM  
Wednesdays at Lehigh Valley 5:00 PM  
Wednesdays at Makefield 7:00 AM  
Wednesdays at Middletown 7:00 PM  
Wednesday at Plumstead 8:30 AM

### LEHIGH VALLEY MONTHLY MEETING ANNUAL CRAFT FAIR

The Lehigh Valley Meeting's Annual Craft Fair will be held on **October 13th from 10 am to 3 pm**. Please mark your calendars and plan to participate. The Craft Fair features crafts from recycled material, environmentally friendly crafts and more. There will be a book sale, a bake sale and a soup and bread lunch. **New this year...Press-your-own apple cider!!** Table rental is \$20 for a six foot (approx) table. Vendors will receive a discount on lunch, coffee and pastries during set up. Drive up for fall foliage, lunch and crafts...Have a day!! Contact Karen Maurer for more information: bookkm@gmail.com

### BUCKS QUARTER SINGING GROUP

For over 15 years, Makefield Meeting has hosted a fellowship group for hymn singing. Friends begin with worship and then through the time together, choose hymns intuitively, sometimes old favorites, sometimes making way through new songs. The Bucks Quarter Singing Group would love to have your voice added to the mix. You don't have to be able to read music or have a great singing voice. This is not a choir, just a group of friends who enjoy time together.

The group meets every fourth Thursday of the month, 7:30pm at the Makefield Meetinghouse, 877 Dolington Rd, Newtown, PA 18977

# **Spirituality and the Final Third of Life: A Friends Approach**

Saturday November 3, 2012

9:00 AM to 3:00 PM

Sponsored by Bucks Quarterly Meeting  
Held at Buckingham Friends Meeting and School  
5684 Old York Road, Lahaska, PA 18931 ~ Next to Peddler's Village

**This workshop is for you, if you are alive  
and over the age of 18**

Do you have a 10, 20 or 30 year plan for yourself and your family?  
Do your family and friends know what your plan is?  
Do your doctors know your plan and are they on board?  
Does your Pastoral Care committee know your plan?

**Two sessions in the morning and two in the afternoon.  
Friends will be able to participate in all topics.**

## **Temporal Concerns:**

### **Planning a Natural (green)**

**Home Based Burial** - Brad Sheeks,  
Central Philadelphia Meeting

**Make Peace with your Paper** (Get  
Organized) Colleen Warmingham,  
Unami Meeting

### **Wills, Trusts, DNR –**

Lisa Bellet Collins, Atty, Fallsington  
Meeting

### **Home Improvements (Aging in Place)**

Tom Wells, Fallsington Meeting

## **Spiritual Concerns:**

### **Emotional Aspects of Aging –**

George Schaefer, Radnor Meeting and  
PYM Care & Aging Coordinator

### **Caregiving of Older Adults –**

Susan Hoskins, LCSW, Newtown  
Meeting

### **Good Deaths; Conversations with**

### **Family, Friends and Physicians –**

Jacob Stone, Doylestown Meeting and  
Holly Olson, Middletown Meeting

**Registration Deadline:** October 26<sup>th</sup>      **Registration Fee:** \$10.00

**Childcare Provided: Must call Holly Olson by October 26th (215-453-7358)**

**Registration Form: Register by October 26, 2012**

Name(s) \_\_\_\_\_ and \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

**Please make check payable to Bucks Quarterly Meeting  
Send to: P.O. Box 4477 George School, Newtown, PA 18940**

## YOGA CLASSES AT NEWTOWN MEETINGHOUSE

Weekly Yoga classes are held at the Newtown meetinghouse on Saturdays at 8:30am with Jim Whitmoyer, who has over 11 years experience as a Hatha Yoga teacher. Classes are open to all; no prior experience is necessary. There is no charge, although a small donation to the meetinghouse is humbly requested.

215-968-0927 or jim.whitmoyer@verizon.net

## MERCER STREET FRIENDS CENTER FOOD BANK

### 25TH ANNIVERSARY CELEBRATION

Please join the Mercer Street Friends Food Bank for an evening of food, wine, entertainment and festivities to mark 25 years of leading the community response to hunger in Mercer County. Celebrate with both long-time and new friends - volunteers, donors, corporations, foundations, partners, and staff who have made this extraordinary achievement possible. **Friday, October 5, 2012 - 5:30 to 9:00 pm** in the Food Bank Warehouse 824 Silvia Street Ewing NJ 08628

## SUCCESSFUL AND EFFECTIVE COMMITTEES: THE DYNAMICS OF WORKING TOGETHER

As our committee members discern what to do to accomplish goals and move forward, it helps to understand how best to use our very human impulses, even as we worship and work together. The more we understand what forces affect how groups operate and how group dynamics affect decision making, the more successful our groups will be, the sounder our decisions. Joan Broadfield and Lynne Shivers will co-lead this workshop on Saturday, November 3<sup>rd</sup>, 9:30 – 4 at Abington Meeting – map <http://abington.quaker.org/> sponsored by the PYM Nominating Committee.

## Friendly Services Offered and Friendly Services

## Times Publishing Newspapers, Inc. is Simply Real News

Eight monthly newspapers, mailed monthly to over 104,000 households in Bucks County. Visit our new website: [www.timespub.com](http://www.timespub.com) (updated daily with "all the 'good news' that's fit to print"). 60% local neighborhood news, 40% advertising. Call the Publisher, Donna Allen at **215-702-3405** or email Donna at **dallen@timespub.com**. Our papers are: Yardley Voice, Newtown Gazette, Langhorne Ledger, Morrisville Times, Lower Southampton Spirit, Northampton Herald,

## BODY-PSYCHOTHERAPIST UTE ARNOLD, MFA offers:

- bi-weekly, Wed, classes for ACOA and other dysfunctional family issues in Lambertville, N.J. - bi-monthly Holistic Self-Healing workshops to create ease and transformation in body, mind, emotions, connecting to spirit and the healing forces of nature  
- Self-Healing Journeys to Europe, Oct. 2012 in the Black Forest, Germany. - private Body-Psychotherapy sessions, simultaneously using touch, talk and body-mind movement to free and re-program habitual responses in ones thinking, body and life.

**For info.** call Ute Arnold 215-2970-8006

**Email:** [utebarnold@gmail.com](mailto:utebarnold@gmail.com)

**Web Site:** [www.unergi.com](http://www.unergi.com), or

## NURTURE YOUR MOST IMPORTANT RELATIONSHIP CONTACT LEADERS LISTED BELOW FOR SPACE AVAILABILITY

**October 12 -14** (Friday, 7 pm through Sunday 1:00 pm) **at Camp Onas** with Mary Ellen Scott and Stu Bush, and Jacob and Gretta Stone.

A Couple Enrichment Workshop is an opportunity for a couple to celebrate their relationship, enhance communication skills, and deepen their appreciation of each other. It is not therapy, but a way to make good relationships even better. Without exception, every couple has some "issues"; as long as both parties are genuinely committed to the relationship a Couple Enrichment program can be immensely rewarding and helpful, and can teach important tools for dealing with these "issues". Each couple will have a private room in a modern building.

Directions, what to bring, and a detailed schedule will be sent in advance to registrants.

The total cost of the weekend is \$200 per couple. This fee includes five meals, snacks, private accommodations, use of the Camp Onas facilities, and approximately 15 hours of couple enrichment programming.

Please contact us if you want further information:

**Gretta and Jacob Stone at 267 885 2037 or email to [jdsfrombucks@gmail.com](mailto:jdsfrombucks@gmail.com) or**

**Mel Scott and Stu Bush at 215-345-5309 or email to [stuartgbush@gmail.com](mailto:stuartgbush@gmail.com)**

## 5K TRAIL RUN

### AT BUCKINGHAM FRIENDS SCHOOL

Join the BFS community for their 5K and 1 mile train runs, a celebration of family, community ad fitness.

**Everyone is welcome!**

Register on-line at: [www.runtheday.com](http://www.runtheday.com)

For details on all BFS events, visit their calendar at [www.bsf.org](http://www.bsf.org)

## QUAKERPHERNALIA ELECTRONIC VERSION

If you would rather receive an electronic version Quakerphernalia, email Holly Olson at [hollybQc@verizon.net](mailto:hollybQc@verizon.net)

It will be your responsibility to inform Holly should your email address change.

## HISTORIC FALLSINGTON DAY

**On Saturday October 12 from 10am to 4:30pm**

Historic Fallsington, Inc., will host its annual Historic Fallsington Day. This time honored event will feature, folksingers, puppet shows, Native American dancing, Colonial open-hearth cooking. spinning, paper making and blacksmithing. There will also be crafters, a book sale, tours of museum buildings and much more.

**Visit with Fallsington Friends as they will also have events happening in the meetinghouse!!**

## Be HomeCare

*Homecare where you want to be.*

**(Formerly Touching Hearts at Home)**

Friendly In-Home Senior Care for Independent Living  
Our skilled home health aides provide companionship, errands, transportation, light housekeeping, meal planning and preparation, and assistance with bathing and dressing. Alice Agnew and Linda Cooper of Richland Friends Monthly Meeting in Quakertown are committed to setting standards for service excellence through training, supervision and communication with the care team and with our clients and their families.

Be HomeCare is licensed as a Home Care Agency by the State of Pennsylvania. All our employees are bonded and insured.

**Call for a free in-home evaluation.**

267-429-0438

[www.behomecare.com](http://www.behomecare.com)

# Friendly Services Offered and Friendly Services Needed Cont.

## MYOWNCARE

Empowering Health and Well-Being

Betsy Bayardi of Wrightstown Meeting and Carolyn Eckel, RN, MSN, CRNP of Southampton Meeting offer services from MyOwnCare for individuals with chronic diseases. If your loved one lives with diabetes, high blood pressure, or heart failure for example, we provide in-home vital sign monitoring, education and health coaching to enable them to gain greater control of their health and experience an increased sense of well-being. This is not only empowering for the individual but also allows them to live at home longer which provides peace of mind to family and caregivers.

**Tel:** 215-598-7580

**Email:** [ebayardi@myowncare.com](mailto:ebayardi@myowncare.com)

**Web Site:** [www.myowncare.com](http://www.myowncare.com)

## Soup to Nuts Caterers

Call us for the holidays, weddings and all your catering needs. Elegant Simplicity.

Linda Jacobs, member of Yardley Meeting offers, catering for all occasions. Soup to Nuts realizes the importance of value and endeavors to make your event work best for you. "Soup to Nuts" is well connected to local farms. Vegan or Vegetarian options welcome.

**Tel:** 215-321-7980

**Email:** [STNCaterers@aol.com](mailto:STNCaterers@aol.com)

**Web Site:** [www.souptonutscaterers.com](http://www.souptonutscaterers.com)

## William B. Parry & Son, LTD Insurance

We are a 5<sup>th</sup> generation Quaker owned and operated insurance agency. We offer personal and commercial insurance coverages, along with life insurance and long-term care.

You can find Blake Parry or Jennifer Parry on the bench at Middletown Meeting or Chandler Hall. Ryan Parry floats among meetings. Lisa Parry Becker sits at Solebury Meeting. We'd be happy to meet with you and review your personal or commercial insurance needs to help you protect your assets.

**Tel:** 215-579-7310

**Email:** [info@parry-insurance.com](mailto:info@parry-insurance.com)

**Web Site:** [www.parry-insurance.com](http://www.parry-insurance.com)

Office Location: Langhorne, PA

## Carol Richardson, Associate Broker with Coldwell Banker Hearthside Realtors

A member of Newtown Meeting, Carol hears your wishes and needs clearly and is very resourceful. Carol enjoys finding the perfect match of home to home owner.

Carol Richardson, Associate Broker, ABR, GRI

114 S. State Street Newtown

13 locations serving Bucks County.

**Direct Tel:** 267-566-5676

**Office Tel:** 215-504-9000 Ext 187

**Web site:** [www.carol-richardson.com](http://www.carol-richardson.com)

**Email:** [c.richardson@cbhearthside.com](mailto:c.richardson@cbhearthside.com)

"Caring for all your real estate needs."

## MRP Plans, Inc.

### Retirement Plan Services

Ed Snyder, a member of Yardley Meeting, is a Certified Pension Consultant/Qualified Pension Administrator and offers retirement plan services to small businesses - plan design and installation, and annual third party administration. If you're thinking about a 401(k) or similar retirement plan for your small business or have a plan but don't understand it, Ed is the one to call.

**Tel:** 609-689-9400

**Email:** [mrp.ed@verizon.net](mailto:mrp.ed@verizon.net)

## Saunders Company General Contracting

- ◆ Decks/Porches
  - ◆ Window/Door Replacement
  - ◆ Siding & Exterior Trim
  - ◆ Kitchens/Baths/Basements
  - ◆ Structural Repairs
  - ◆ Additions & Renovations
  - ◆ Meticulous Interior Trim Work
- Thoughtful, collaborative approach*

**215-766-4819**

## Superior Benefit Plans

### Employee Benefits Insurance Broker

Marybeth Snyder is a Wharton School Certified Employee Benefits Specialist with 30 year's experience and Member of Solebury Meeting. Individuals, small and large employers rely on Superior to afford and manage benefits plans including health insurance. Offices in Lahaska and Malvern, Pa.

**TOLL Free:** 888 656 1339

**Email:** [msnyder@superiorbenefitplans.com](mailto:msnyder@superiorbenefitplans.com)

Marybeth Snyder, CEBS, CLU Superior Benefit Plans, LLC

**Tel:** 610 722 9900/215 693 6303 **Fax:** 610 725 9209

## Tinsman Bros., Inc.

### Lumberyard & Building Supplies

Birthright Quakers and 5<sup>th</sup> generation owners, William E. and Thomas F. Tinsman, invite you in for a visit to the oldest lumberyard in the country, located in Lumberville, PA. Established in 1785, we pride ourselves on the quality lumber and services we offer. Our hardware store has many hard to find treasures.

**Store hours:** Monday thru Friday 7:30 thru 5:00

Saturday 7:30 -12:00.

**Tel:** 215-297-5100

## Thomas G Wells Construction, LLC

### Energy Audits and Home Remodeling Serving Solebury/Doylestown to Bristol

EnergyWorks is a new program which provides low interest rate loans for energy efficiency upgrades and rebates for energy audits. Energy Efficiency loans are available from EnergyWorks/Keystone Help. These loans are .99%. Monthly payments range between \$8.76 to \$133 per month. The audit is \$100.00. If you are concerned about rising energy costs, we can help.

**Tel:** 215-321-4818

**Web site:** [www.tgw-construction.com](http://www.tgw-construction.com)