

# Quakerphernalia

The Newsletter of Bucks Quarterly Meeting of the Religious Society of Friends

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Deadline for Quakerphernalia : By the 11th day of the preceding months publication

## JANUARY 2017

Jan 7 6pm	Games Night - Makefield Meetinghouse
Jan 7 7pm	Contra Dancing - Fallsington Meetinghouse
Jan 8 2 - 3:30	Camp Onas Information Day
Jan 12 9am	Newtown Friends School - Information Session
Jan 12 7pm	Bucks Quarter Outreach Committee Meets - Jane Jackson House
Jan 14 10am-3:30pm	Bucks Quarter Presents Amanda Kemp - Say the Wrong Thing Workshop - Buckingham Mtghse
Jan 15 10:30	Intervisitation Day for Bucks Quarterly Meeting - Friends are Welcome to Worship in Quakertown NJ
Jan 16 6pm	Bucks Food For Friends - Fallsington Meetinghouse
Jan 21 10am - 1pm	Open House - Friends Village - to Register call 215-968-3346
Jan 21 5:30pm	Movie Night and Pot Luck Dinner - Middletown Meetinghouse - All are Welcome
Jan 24 7pm	Bucks Quarter Outreach Committee Meets - Pennswood Village
Jan 25 11:30 - 1:30	Open House - Friends Village Open House (Includes Lunch) to Register call 215-968-3346
Jan 28 9:15am - 3:15 pm	Extended Worship - Hockessin (DE) Meetinghouse

### Looking Ahead

Feb 19	Quarterly Meeting - Middletown Meetinghouse
March 25	PYM - Continuing Sessions
March 25	William Penn Lecture
May 21	Quarterly Meeting - Makefield Meetinghouse

### Chandler Hall Worship Services will be organized by:

January ~ Wrightstown February ~ Yardley March ~ Buckingham

**Worship 11:00\*\*\*\*Arrive 10:45**

### SAY THE WRONG THING:

#### Workshop on Racial Justice and Authentic Community Using the Strategies of the H.E.A.R.T.

Bucks Quarterly Meeting is pleased to sponsor this very important workshop lead by Dr. Amanda Kemp. We will gather on **Saturday Jan 14, from 10AM to 3:30PM**. The workshop is being held at the **Buckingham Friends meetinghouse located at 5684 Old York Rd, Lahaska, PA.**

**Spaces are Limited. Registration deadline for the workshop and childcare is January 5th.**

Contact Holly Olson [hollybqc@verizon.net](mailto:hollybqc@verizon.net) or 215-860-9747.

#### Schedule:

**9:30:** Check in

**10:00:** Morning session

**Noonish:** Brown Bag Lunch

**12:45ish** Afternoon session

In our increasingly polarized and violent national context, this workshop is a sacred space to practice leaning into self-compassion and stretching beyond our comfort zone. Recognizing that we are all in this together, Amanda offers five spiritual practices that emerged in the course of her work as an artist, mother, educator and racial justice advocate.

#### The Five Strategies of the H.E.A.R.T. are:

- Hold space for transformation
- Express yourself
- Act with Intention
- Reflect on yourself
- Trust the Process

The goals for the day are many; to provide a space for Friends to process the feelings, ideas and openings that have emerged since the PYM Summer Sessions, to build up capacity to stay curious and open and grounded during conversations that promote authentic connection and disagreement, to introduce the 5 strategies as spiritual principles that we get better at with conscious practice, to identify strategies and concrete next steps that each person will take to promote racial justice and authentic community in some area of their lives. ***This could include the Pendle Hill Weekend workshop on the Five Strategies on Feb. 24-26, 2017*** and to deepen the connection between Friends in a space that STRETCHES and SUPPORTS us.

**Amanda has recommended that Friends read her short book** (also available as an e-book), *Say The Wrong Thing: Stories and Strategies for Racial Justice and Authentic Community* available at <http://dramandakemp.com/say-wrong-thing/>

*Amanda's mission is to nurture and expand the Tribe of the Heart, individuals who stand for ONENESS and TAKE ACTION to heal the world, our families, and ourselves. As a performing artist, diversity consultant, writer and entrepreneur, I connect my heart to your heart. From the heart, anything can be transformed.*

**SQUARE & CONTRA DANCE AT  
FALLSINGTON MEETINGHOUSE**

Join Fallsington Friends on **Saturday, January 7 at 7:00 pm** for a fun evening of dancing open to everyone. The evening will feature simple squares, waltzes, line and contra dances expertly called by Laura and Charlie Thomford. No experience needed; our expert callers will guide you through the steps. Fun for all ages! Desserts and light refreshments will be served.

**9300 New Falls Rd, Fallsington**

**QUARTERLY INTERVISITATION DAY  
WITH QUAKERTOWN (NJ) FRIENDS**

As is with our new custom of visiting Friends throughout the quarter, Quakertown Friends are extending a warm welcome to join them on **January 15th** for worship at **10:30** followed by their 7th annual Heifer Pasta Luncheon hosted by Quakertown's First Day School. We hope that you can join us.

**290 White Bridge Rd, Quakertown, NJ**

If you get lost (which you won't) Call Holly on the quarter number at 215-860-9747 and the call will be transferred to Holly's cell.

**LIVES PASSING**

Newtown Friends suffer the loss of Alan Guokas who died on December 8th.

Solebury Friends suffer the loss of **Reva Rarig** and **Cynthia Coan**.

**GAMES NIGHT - MAKEFIELD MEETINGHOUSE**

Are you looking for something fun to do on a Saturday night? Do you enjoy playing board games with Friends of all ages?

If so, then join Friends at Makefield Meeting on the first Saturday of each month; our next get together is scheduled for January 7. The fun starts at 6 pm and goes until 9 pm, but you can come and go any time you wish. Soft pretzels, homemade popcorn, and beverages will be provided.

Bring your Friends and, if you wish, your favorite board game or puzzle and join the fun. If you live in the Newtown/Yardley area and don't like to drive at night, please contact us. We'd be happy to pick you up and drive you home.

For more information, please call (215) 493-1147 or email us at [info@makefieldfriendsmeeting.org](mailto:info@makefieldfriendsmeeting.org).

**MOVIE NIGHT**

**MIDDLETOWN MEETINGHOUSE**

Friends and friends are invited to share in a Pot-Luck meal followed by movie on **January 21, beginning at 5:30pm**.

The movie involves a boy, a family of wolves a cunning snake, a fun loving bear and a panther. Can you guess?

**MARK YOUR CALENDARS...  
PHILADELPHIA YEARLY MEETING  
SUMMER SESSIONS  
July 26 through July 31, 2017**

**QUARTERLY MEETING - FEBRUARY 19  
MIDDLETOWN MEETINGHOUSE**

**Conversations on Race, Intolerance and Bias**

Plan to share the day with Friends throughout Bucks Quarter. The Peace Center will provide a program based on the language surrounding the term "racism". Rather than Friends leaving with feelings of guilt and sadness, Friends will hopefully leave with information/tools that can be used in our daily lives, therefore leaving with a plan for a creating a better way forward. By changing our perceptions and language we can serve as better models and we can be open and available to listen with a more open heart. The children's program will follow the same theme.

**INFORMATION SESSIONS  
NEWTOWN FRIENDS SCHOOL**

**January 12 9:00AM**

Information sessions are small group visits, when guests will meet with the Director of Admissions and tour the school while students are working in classrooms. Similar to the classrooms, these small sessions provide ample opportunity to ask your specific questions and learn firsthand the value of an NFS education.

For more information: 215-968-2225 or

**INFORMATION DAY AT CAMP ONAS**

On January 8 at 2pm, Camp Onas will have tours and programs that goes from 2 until about 3:30. This is an excellent opportunity for campers and parents to see Camp Onas, ask questions, and meet the directors and a few counselors. No need to RSVP. Snow cancellations will be posted on the website. [www.camponas.org](http://www.camponas.org)

**MIDWEEK WORSHIP SCHEDULE**

Tuesdays at Southampton 7:30 PM  
Wednesdays at Lehigh Valley 5:00 PM  
Wednesdays at Makefield 7:00 AM  
Thursdays at Middletown 7:00 PM

**KEEP ON CRAFTING**

Cold winter days are great for stitching, card making, candle molding, etc. Bring your hand crafted donations to Quarterly Meeting in February at Quakertown for the Bucks Quarter Friendly Crafters sale table.

For more information, contact Holly Olson at [hollybqc@verizon.net](mailto:hollybqc@verizon.net) or 215-453-7358.

**QUAKERPHERNALIA WILL GO PAPERLESS  
BEGINNING JANUARY 2018,  
QUAKERPHERNALIA WILL BE SENT TO ALL  
FRIENDS ELECTRONICALLY.  
IF YOU WISH TO CONTINUE TO RECEIVE  
QUAKERPHERNALIA AS A PAPER COPY,  
CONTACT HOLLY OLSON  
BY DECEMBER 2017.  
[hollybqc@verizon.net](mailto:hollybqc@verizon.net)**

**YOGA CLASSES  
AT NEWTOWN MEETINGHOUSE**

Weekly Yoga classes are held at the Newtown meetinghouse on Saturdays at 8:30am with Jim Whitmoyer, who has over 11 years experience as a Hatha Yoga teacher. Classes are open to all; no prior experience is necessary. There is no charge, although a small donation to the meetinghouse is humbly requested.

**CAMP ONAS**

*Plan now for a fun-filled summer camp experience at Camp Onas!*

**Registration for Camp Onas is open!!**

The Onas active and creative program stresses sharing, cooperation, understanding, simple living, and most essential of all, fun! Campers ages 8-13 can come for 2 or 4 week sessions starting in June and running into August.

Special one-week sessions for 7, 8 and 9 year old campers are also available to introduce younger campers to overnight camp. There are special rates for Quaker kids and financial aid is available. Please check [www.camponas.org](http://www.camponas.org) for dates, rates and session availability. Info Days at Camp Onas are coming up

**610-847-5858 or [friends@camponas.org](mailto:friends@camponas.org)**

Registration forms available on Camp Onas website at [www.camponas.org](http://www.camponas.org)

**2017 Chandler Hall  
Worship Schedule**

**January – Wrightstown  
February – Yardley  
March – Buckingham  
April – Doylestown  
May – Fallsington  
June – Middletown  
July - Newtown  
August - Solebury  
September - Wrightstown  
October - Yardley  
November - Buckingham  
December - Doylestown**

**NEWS FROM FRIENDS HOME AND VILLAGE**

FHV has seen some exciting additions this year. At the Friends Home campus, a new gazebo with concrete walkway was installed. The new walkway gives residents the opportunity to walk the campus in one continuous, paved loop. The gazebo offers a beautiful setting for rest and relaxation.

At Friends Village, a new fitness area has been installed. With a treadmill, stationary and recumbent bikes, and hand weights, residents have the chance to stay fit, no matter the weather.

Museums In Motion visited Paxson Hall at Friends Home and displayed its mobile African American Museum. The exhibit included items and history surrounding African American entertainers, athletes, explorers, and scientists as well as many other important figures in history!

On October 27<sup>th</sup>, FHV participated in Newtown's Halloween Art Scene by painting its windows in the Halloween holiday spirit.

**QUERY FOR REFLECTION...**

**How is worship a way to take action?  
How is action a way to worship?**

**EXTENDED MEETING FOR WORSHIP**

**Jan 28, 9:15 am - 3:15 pm,**

**Hockessin Friends Meetinghouse**

Would you like to deepen your experience of Worship? Have you wished that Worship didn't end when the clock struck the hour? The Worship and Care Standing Committee and the Meeting on Worship and Ministry invite you to experience Extended Worship. Attend just a portion of the day or the full day. And remember to bring your lunch. Info: Lola Georg 484-368-4637 or [lorageorg@gmail.com](mailto:lorageorg@gmail.com) or

[http://www.pym.org/event/2016-extended-meeting-for-worship-middletown/?instance\\_id=311](http://www.pym.org/event/2016-extended-meeting-for-worship-middletown/?instance_id=311)

**Friendly Services Offered and Friendly Services Needed**

**Be HomeCare**

**Homecare where you want to be.**

Friendly professional home care to keep you or your loved ones living at home.

Alice Agnew and Linda Cooper of Richland Friends Monthly Meeting in Quakertown have been helping Bucks County seniors and their families with caregiving since 2007. Our staff of caregivers provide companionship, transportation, meal preparation, personal care and light housekeeping.

Licensed by Pennsylvania Department of Health.

**Call for a free in-home visit.**

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[www.behomecare.com](http://www.behomecare.com)

**"Simply Real" News is Growing!**

**Published monthly w/Quaker Values**

**Times Publishing Newspapers, Inc.** has rolled out with our ninth newspaper in Bucks County - the Fairless FOCUS. Covering the Fairless Hills area our new total mailed (via US Postal Service) circulation is 115,716 households and businesses. We cover "all the 'good news' that's fit to print." Over the past 18 years we've started and continue to publish these additional 8 monthly publications: Yardley VOICE, Morrisville TIMES, Newtown GAZETTE, Northampton HERALD, Lower Southampton SPIRIT, Langhorne LEDGER, New Hope NEWS, and the Doylestown OBSERVER.

**Donna Allen, Publisher: 215-702-3405**

[www.timespub.com](http://www.timespub.com) - (updated daily)

# Friendly Services Offered and Friendly Services Needed Cont.

## **William B. Parry & Son, LTD Insurance**

We are a 5<sup>th</sup> generation Quaker owned and operated insurance agency. We will work with you to identify your insurance needs and develop a custom program to protect your personal and/or business assets. We offer personal and commercial insurance coverages, along with life insurance and long-term care products.

Blake Parry is a member of Middletown Meeting and Lisa Parry Becker is a member of Solebury Meeting.

Please contact us to arrange a meeting to review your insurance coverages and discuss how we could assist you to protect your assets.

**Tel:** 215-579-7310

**Email:** [info@parry-insurance.com](mailto:info@parry-insurance.com)

**Web Site:** [www.parry-insurance.com](http://www.parry-insurance.com)

Office Location: Langhorne, PA

## **MRP Plans, Inc.**

### **Retirement Plan Services**

Ed Snyder, a member of Yardley Meeting, is a Certified Pension Consultant/Qualified Pension Administrator and offers retirement plan services to small businesses - plan design and installation, and annual third party administration. If you're thinking about a 401(k) or similar retirement plan for your small business or have a plan but don't understand it, Ed is the one to call.

**Tel:** 609-689-9400

**Email:** [mrp.ed@verizon.net](mailto:mrp.ed@verizon.net)

## **Superior Benefit Plans**

### **Employee Benefits Insurance Broker**

Marybeth Snyder is a Wharton School Certified Employee Benefits Specialist with 30 year's experience and Member of Newtown Meeting. Individuals, small and large employers rely on Superior to afford and manage benefits plans including health insurance. Offices in Lahaska and Malvern, Pa.

**TOLL Free:** 888 656 1339

**Email:** [ed@mrplansinc.com](mailto:ed@mrplansinc.com)

Marybeth Snyder, CEBS, CLU Superior Benefit Plans, LLC

**Tel:** 610 722 9900/215 693 6303

**Fax:** 610 725 9209

## **Carol Richardson, Associate Broker**

### **with Coldwell Banker Hearthside Realtors**

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**Email:** [c.richardson@cbhearthside.com](mailto:c.richardson@cbhearthside.com)

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## **THIS AD SPACE**

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**Contact Holly Olson**

**[hollybqc@verizon.net](mailto:hollybqc@verizon.net)**

**215-860-9747**

## **Tinsman Bros., Inc.**

### **Lumberyard & Building Supplies**

Birthright Quakers and 5th generation owners, William E. and Thomas F. Tinsman, invite you in for a visit to the oldest lumberyard in the country, located in Lumberville, PA. Established in 1785, we pride ourselves on the quality lumber and services we offer. Our hardware store has many hard to find treasures.

**Store hours:** Monday thru Friday 7:30 thru 5:00

Saturday 7:30 -12:00.

**Tel:** 215-297-5100

## **Thomas G Wells Construction, LLC**

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**Tel:** 215-378-4048

**Web site:** [www.tgw-construction.com](http://www.tgw-construction.com)